

PEBBLES PROJECT

2025 WISH LIST





MATERNAL HEALTH INITIATIVE

The Pebbles Project Maternal Health Initiative was implemented in 2016 and operates from the Pebbles Clinic in Stellenbosch and the Pebbles Project Twinings Mobile Health Clinic in Clanwilliam. The initiative aims to provide pre-natal, post-natal and mental health support to pregnant women from farming communities to promote healthy pregnancies.

Consumable Items (Always Needed)

- Sanitary pads
- Toweling nappies
- Baby blankets
- Wipes
- Newborn nappies
- Barrier cream
- Body wash
- Body cream
- Vaseline
- Bath towels
- Face cloths
- Cotton wool
- Cotton buds
- Nail clippers
- Surgical spirits
- Thermometer
- Breast pads
- Nipple cream
- Baby vests
- Socks
- Mittens
- Babygrows
- Beanies
- Soft toys

Once-off Items (Currently Needed)

- Yoga mat x 2
- Alcohol test (Alcohol Rapid Urine Tests) - The cost is R479.00 for a pack of 40 tests, and we would like to purchase 120 tests (3 packs)
- Electric breast pump x 6





FIRST THOUSAND DAYS PROGRAMME (3 MONTHS - 2.5 YEARS)

The Pebbles Project First Thousand Days (FTD) Programme aims to provide support to children aged 3 months to 2.5 years in terms of nutrition, healthcare, and education.

Consumable Items (Always Needed)

- Playmats
- Bead mazes for babies
- Sensory toys
- Sensory-motor toys
- Balls (various sizes)
- Hoola hoops
- Beanbags
- Postbox toys x 30
- Wooden threading toys x 30
- Big Lego blocks
- Puzzles
- Construction toys (wrenches, bolts, screws)
- Stacking cups/rings
- Lacing activities (laces and beads)
- Busy boards
- Finger paints
- Thick wax crayons
- Glue
- Stickers
- Paint brushes (various sizes)
- Play dough
- Soft baby books
- Wet wipes and tissues
- Surgical gloves
- Scissors with patterned blade/ safety scissors x 100

Once-off Items (Currently Needed)

- Mattresses and sheets
- Mattress covers
- Cupboard (for baby toys)
- Big soft mats x 3
- Scatter cushions
- Pastel colour pillow cases
- Window curtains x 2 sets
- Wall mirrors x 2
- Decorations (for baby classroom)
- Light colour paint (for a cupboard)
- Fans x 2
- Felt boards x 2
- Notice boards x 3
- Storage boxes
- Table x 1 (for sand and water sets)





EARLY CHILDHOOD DEVELOPMENT PROGRAMME (2.5-5 YEARS)

The Pebbles Project Early Childhood Development (ECD) Programme aims to develop children aged 2.5 to 5 years holistically in order to create a solid foundation for lifelong learning and well-being.

Consumable Items (Always Needed)

- Small book case
- Scatter cushions for reading corner
- Tablecloths
- Portable heaters
- Bowls and mugs for kitchen
- Door mat
- Bucket and broom
- Small CD player
- Dustbin
- Kitchen curtains
- Finger paint
- Playdough
- Art supplies (glitter, pipe cleaners, googly eyes, pom poms)
- White craft glue
- Colour paper
- Thick wax crayons
- Age appropriate books (3-5 year olds)
- Puzzles (5, 10, 12, 24 and 36 piece)
- Fantasy play dress up items
- Balls (various sizes)

Once-off Items (Currently Needed)

- Rocking chair x 3
- Small desk
- Cupboard (for baby toys)
- Big soft mats x 3
- Scatter cushions
- Pastel colour pillow cases





SCHOOL ENRICHMENT PROGRAMME (6-18 YEARS)

The Pebbles Project School Enrichment Programme provides support to children aged 6 to 18 years in homework and life skills. Learners are also given the opportunity to engage in extracurricular activities that would otherwise not be available to them. These activities include sports and recreational options such as art, ballet, surfing, and marimba lessons.

Consumable Items (Always Needed)

Educational Materials

- A4 hardcover books
- A4 softcover books
- Flash cards
- Stickers
- Puzzles (10 piece, 24 piece, 48 piece and up)
- Board games (senior phase)
- Playing cards
- Dominos

Organisation and Storage

- Plastic sleeves
- Flip files

Once-off Items (Currently Needed)

- Small tables and window blinds (for two After-School Clubs)
- Curtains x 12 (small and short café-style)
- Tablecloths x 15 (standard yellow/black plastic tablecloths)
- Carpet x 5 (for Grade R - Grade 3 learners to sit on during reading time)
- Hoola hoops (to promote gross motor activities)
- Skipping ropes (for senior learners)
- Balls (any kind and any size)
- Netball ring (with stand)

Art Supplies

- Paint (water based)
- A4 canvases
- A4 cardboard paper (various colours)
- Beads (medium and large)
- Wax crayons
- HP pencils
- Erasers
- Black pens
- White board markers

- Fold-up tables and chairs (for when learning sessions are presented outside the After-School Club)
- Load shedding light/rechargeable light x 20
- Fan x 5
- Heater x 5
- Multiplug x 10
- Extension cable x 10
- A3 display flip file x 42 (for all Grade R learners)
- A4 hardcover book x 100 (for senior learners)
- A4/A5 journals for practitioners





YOUTH DEVELOPMENT PROGRAMME (15-25 YEARS)

The Pebbles Project Youth Development Programme (YDP) supports young adults (aged 15–25 years) from farming communities by helping them enrol in further education or training opportunities. This empowers them to gain essential life and practical skills, enabling them to seek gainful employment and ultimately become self-sufficient, responsible members of society.

Consumable Items (Always Needed)

- Hygiene items for males (toothbrush, toothpaste, deodorant, soap)
- Sanitary and hygiene items for females (toothbrush, toothpaste, deodorant, soap, sanitary pads)
- Juice (concentrated juice such as Oros, Splash, Fusion, etc.)
- Snacks (rusks/cookies/breakfast bars)
- Arts & Crafts supplies, specifically: equipment for woodwork, decoupage, mosaic and beading
- Baby clothing
- Clothing (male and female)
- Shoes (male and female)

Once-off Items (Currently Needed)

- Laptop x 10
- Laptop bag x 10
- Cordless mouse x 10
- Water cooler for the Stellenbosch Youth Development Centre x 1
- Laminating machine x 2
- Lockable steel cupboard
- A sponsor to support our young adults' 3-day Self Discovery Camp





NUTRITION SERVICE & THE PEBBLES KITCHEN

The Pebbles Project Nutrition Service was initiated after identifying that the children attending our centres were not receiving a well-balanced, nutritious diet, which is essential for optimal growth and learning. To address this, the Nutrition Service ensures that all beneficiaries at our centres receive wholesome, nutritious meals daily. These meals are prepared in the Pebbles Kitchen and delivered to the centres, where practitioners heat and serve them to the children.

The Pebbles Kitchen is actively involved in food rescue efforts, welcoming donations to help combat food waste. By contributing surplus or short-dated food items, you play a key role in reducing waste. The kitchen is equipped with a refrigerated vehicle, enabling us to arrange collection directly from you. Additionally, your generous donation may qualify for a tax deduction, ensuring that your generosity also yields rewards for you.

Food Items (Always Needed)

Vegetables

Carrots
Potatoes
Sweet potatoes
Butternut
Onions
Cabbage
Leeks
Peppers
Pumpkin
Corn
Peas
Celery

Fruit

Apples
Citrus
Bananas

Proteins

Eggs
Peanut butter
Chickpeas
Kidney beans
Lentils (red and black)

Grains & Legumes

Rice
Pasta
Samp & beans
Barley

Canned & Preserved Goods

Tinned tomatoes
Tomato puree
Tinned pineapple
Tinned coconut milk

Dairy

Milk (long life)
Yoghurt
Margarine/butter

Breakfast Items

Oats
Weetabix

Bread

Condiments & Spices

Salt
Pepper
Cooking oil/olive oil
Vinegar
Tomato sauce
Soy sauce
Mixed herbs





HEALTH & WELLNESS SERVICE: THE PEBBLES CLINIC

The Pebbles Clinic is located on Villiera Wines in Stellenbosch and serves the neighbouring farming communities. It offers primary healthcare, wellness, and dental services to Pebbles beneficiaries, their families, and local community members. Services for children are provided free of charge, while adults pay a nominal fee. Transport is available, and the clinic operates on an appointment system to minimise waiting times, addressing the challenges often faced at local government clinics.

Consumable Items (Always Needed)

- Sanitary pads
- N95 masks
- Surgical gloves (medium)
- Cotton wool balls
- Printing paper
- Toilet paper
- Plastic containers
- Batteries (various sizes)
- Coffee, sugar, and milk
- Medicine spoons
- Plastic carrier bags
- Measuring tapes
- Drawer organisers
- Toothbrush holders/covers
- Toothpaste

Once-off Items (Currently Needed)

- Dental floss
- Toothbrushes (adult and children's)





HEALTH & WELLNESS SERVICE: SOCIAL WORK

The Pebbles Project Social Work Service consists of a team of qualified social workers providing therapeutic interventions to children, parents, and families from farming communities in need of emotional support. The social workers conduct home visits to beneficiaries on partner farms, offer parent training sessions to strengthen family relationships, and host workshops in collaboration with action committee members elected from within the farming communities.

Essential Items

- Rain ponchos for all of our beneficiaries, especially during the rainy winter months
- Reflective vests for beneficiaries walking along the road (for high visibility)
- Stationery for learners in need
- School uniforms for learners in need
- Non-perishable food items
- Soup packs (for parent training sessions)
- Arts and crafts supplies (for use in therapy sessions)
- Board games
- Household cleaning products

Major Items

- Laminating machine
- Fridge (for the social work office in Stellenbosch)





HEALTH & WELLNESS SERVICE: SPECIAL EDUCATIONAL NEEDS

The Pebbles Project Special Educational Needs Initiative focuses on early identification of risk factors that affect children's development, providing targeted intervention. It involves administering assessments, contributing to diagnostic investigations, and formulating treatment plans. The initiative ensures inter-sectoral collaboration to create appropriate support pathways, monitors and adjusts intervention goals as needed, and provides training and guidance to parents or primary caregivers for implementing home-based therapeutic interventions.

Essential Items

- Flip files (20 pages)
- Pencil grips
- Tweezers
- Ice cream popsicle sticks (various colours)
- Balls (small and soccer ball size)
- Yoga balls (65cm)
- Shaving cream





VEHICLES TO ENHANCE STAFF AND BENEFICIARY SUPPORT

Double-cab pickup for Stellenbosch

- To access remote areas, as many of the farms we support are located in regions with poor, often impassable roads, which are particularly challenging during Cape Town's winter months (June to August).
- To transport for educational resources: To transport large deliveries of educational materials and equipment to our educational centres on our partner farms. A double-cab pickup would be ideal to ensure smooth, reliable access to these hard-to-reach locations.
- To transport staff: To enable our team to reach remote areas for training workshops and other essential activities.

16-seater minibus for Stellenbosch

- To transport young adult beneficiaries in our Youth Development Programme to and from the centre, as well as to activities such as work experience, job interviews, and internships, enabling them to fully engage in all aspects of the programme. This bus will also be used by the social work team for SASSA and Home Affairs visits, as well as to transport beneficiaries to life skills sessions and sexuality workshops.

16-seater minibus for Hemel-en-Aarde Valley

- To transport young adult beneficiaries in our Youth Development Programme to and from the centre, as well as to activities such as work experience, job interviews, and internships, enabling them to fully engage in all aspects of the programme.

WISH LIST ITEMS

- Double-cab pickup for Stellenbosch – Estimated cost: **R800,000 - R1,100,000**
- 16-seater minibus for the Youth Development Programme in Stellenbosch – Estimated cost: **R600,000**
- 16-seater minibus for the Youth Development Programme in Hemel-en-Aarde – Estimated cost: **R600,000**

BRANDING

Should you wish for the vehicle to be branded, the cost for a full wrap would be an additional cost of R50,000 (please refer to the image at the top). Alternatively, should you prefer a more simplistic branding approach, we would be happy to cover the cost of branding ourselves, meaning there would be no additional expense for you. Please see an example of simplistic branding on the right.



THANK YOU

We sincerely appreciate your time and consideration to support our organisation.

*Should you require further information, please do not hesitate to contact us at **info@pebblesproject.co.za***



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