



Pebbles
Project

CHANGING
LIVES



2018 annual report

www.pebblesproject.co.za



2018

Chairperson's Report

I am now in my 8th year of involvement with The Pebbles Project, the last 5 of which have been as Chairman of the Board of Trustees.

During this period, we have witnessed the outstanding success and growth of the organisation, thanks of course to our sponsors, and the dedication and commitment of our staff. It is no coincidence that many of our sponsors have been with us for many years, and continue to commit and expand their sponsorship into areas that we could previously only dream of. At the forefront of these are Laurence Graff's FACET Foundation, and Stichting Clouds Foundation. These 2 organisations have both committed long-term funding which will enable Pebbles to further develop its programmes to include skills development and our Food Factory for the Nutrition Programme. One of our first funders was

JF Hillebrand (SA), and we are delighted that they continue to support us every year. Another aspect of this consistency is certainly reflected in the commitment of our wonderful staff and my fellow trustees, without whom we could not function as successfully as we do. Many staff have been with us for 5 years or longer, again a tribute to their dedication and proof of the continuity and stability which Pebbles is able to offer to all of its stakeholders. As we enter the next exciting phases of development, we can do so in the comfort that we are being led by a dedicated team of professionals, providing excellent service to our children, their families and communities, and with whom it is my privilege to work.

Stephen Digby - Chairman



Director's Report

2017 – 2018 was a year of milestones for Pebbles. For me, it was a year of exploration and growth, both in my personal capacity with my little family and at Pebbles with some exciting new projects starting.

I am learning that life is a bit of a jigsaw puzzle, with pieces fitting together when least expected and new scenarios becoming clear with each new piece. A chance meeting that leads to a major new donation; a dream idea that becomes a reality and a seemingly insignificant comment that results in life-changing action taking place. Each new donor and each new programme that we start all fit into the bigger Pebbles jigsaw puzzle.

Some of our team members celebrated significant milestones in their own lives: with the birth of a special baby, a wedding, a big birthday, a trip of a lifetime, a new home, a new relationship. At

Pebbles we reached the milestone of raising over R20 million and reached 1700 children in 50 facilities. We won two awards for our ASC School Leavers programme and our implementation of the MOT life skills programme. Many of our staff celebrated long-service milestones, with 28 of our 45 internal staff members having worked for Pebbles for between 3 and 13 years.

Everyone who is involved with Pebbles shares a commitment to changing lives and I am constantly thankful for the incredible support that I receive from my family, my friends, our awesome management team, every hard-working employee and our generous donors and passionate supporters who help to build the Pebbles jigsaw.

Sophia Warner – Founder and Director

Pebbles Project Trustees 2017 – 2018

Stephen Digby, Zanele Njapha, Peter Blaine, Lucy Warner, Matome Mbatha, Sophia Warner

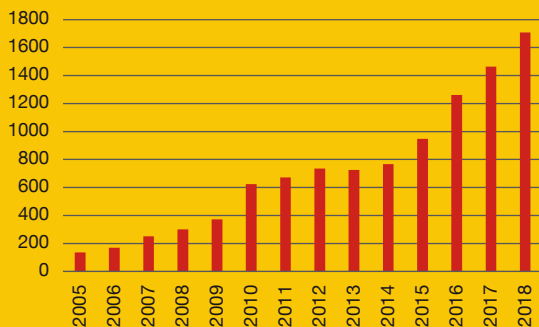
Pebbles Project UK Directors 2017 – 2018

Ray Abercromby, Sophia Warner, Elizabeth Clifton, Keith Prothero, David Wainwright

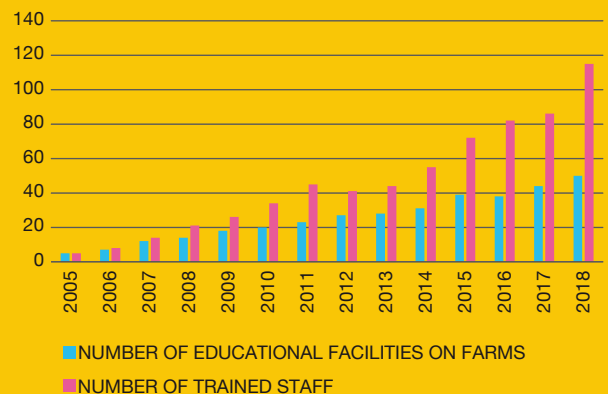
**Enable a child.
Enrich a community.**

Our Numbers 2017 - 2018

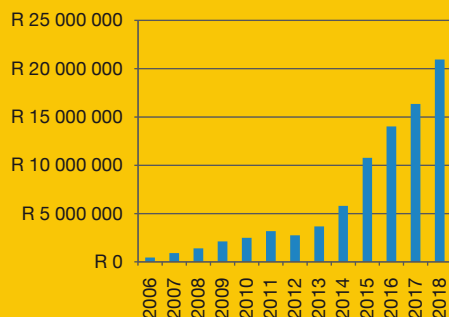
Beneficiary Numbers
2005 - 2018



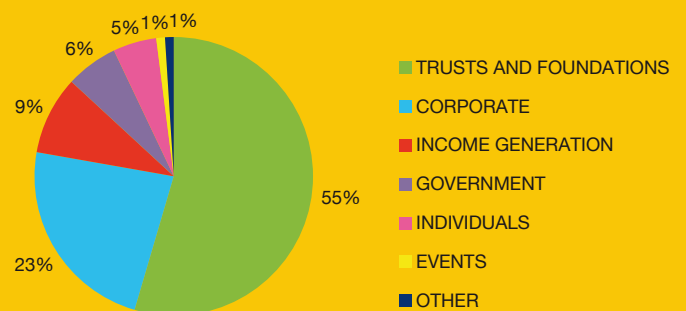
Number of Facilities and Staff trained
2005 - 2018



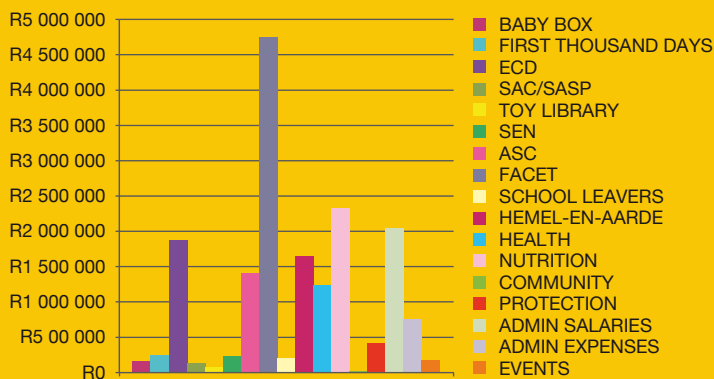
SA and UK Income
2006 -2018



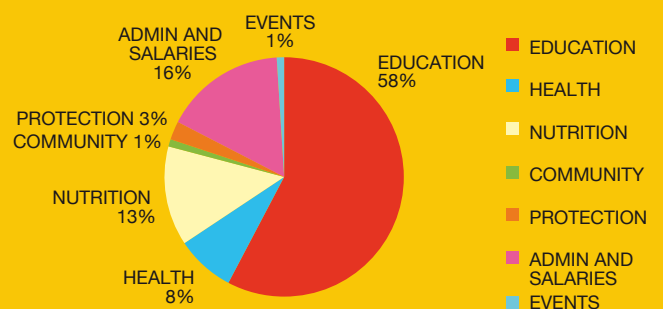
Income Sources 2017 - 2018



Expenditure 2017 - 2018



Programme and Admin Expenses



Donor Countries



Where we work

We work in the Western Cape, South Africa, supporting children and their families in farming communities in Citrusdal, Wellington, Stellenbosch, Somerset West, Hemel-en-Aarde (Hermanus) and Paarl.

VISION: A world of opportunities for empowered communities.

MISSION: The work and mission of The Pebbles Project consists of 5 main pillars: Education, Health, Nutrition, Community and Protection.

VALUES: Compassion, Commitment, Courage and Integrity.





Our Programmes What did we get up to in 2017-2018?

Baby Box Programme

HOW DOES IT WORK

The initiative aims to reduce harm to developing fetuses and babies by preventing the use of alcohol during pregnancy and infancy. Mothers-to-be are educated on pregnancy, potential neonatal dangers, the birthing process as well as infant development during the first 1000 days. When mothers refrain from drinking alcohol during pregnancy and attend a series of antenatal workshops at the Owethu Clinic, they receive a baby box that contains all items needed for the first few weeks of the baby's life.

ACHIEVEMENTS AND INTERESTING FACTS

- 👉 47 baby boxes were given to expectant mothers who completed the programme.
- 👉 All participants signed a pledge not to drink alcohol during their pregnancy.
- 👉 We hosted an "Express" workshop where mothers received a cooler bag filled with items to assist in the expressing and storage of breastmilk.
- 👉 Many more countries in the world including South Africa, are starting to offer free baby boxes.



First Thousand Days (FTD) Programme

HOW DOES IT WORK

The FTD programme is designed to stimulate children between the ages of 3 months to 2 years through monthly training with FTD practitioners and a programme developed by Occupational Therapists and teachers.

ACHIEVEMENTS AND INTERESTING FACTS

- 👉 We created 23 additional FTD classes over the last year.
- 👉 Training took place both in Stellenbosch as well as Citrusdal and site reviews were completed at all new FTD facilities.
- 👉 The 1000 days between conception and child's 2nd birthday is the most critical time for positive impact on cognitive and physical development.



Early Childhood Development (ECD) Programme

HOW DOES IT WORK

The ECD programme provides holistic support to children between the ages of 3 and 5 years and for practitioners through monthly training and onsite support services. A mobile toy library visits the farms to deliver toys for the children to borrow.

ACHIEVEMENTS AND INTERESTING FACTS

- 👉 Monthly ECD training has been restructured, with more time allocated for practical workshops and dedicated discussions.
- 👉 All 4 - 5 year old learners were assessed in June and December, testing for skills that are necessary for entry into formal schooling.
- 👉 236 Grade R, 43 Grade 8 and 17 Grade 12 school packs were handed out.
- 👉 Nearly 200 children borrowed toys from the mobile toy library on a fortnightly basis.
- 👉 The Hemel-en-Aarde Education Project (HEAEP) ECD programme started in early 2017 and offered support to 25 children from surrounding farms.



After School Club (ASC) Programme

HOW DOES IT WORK

The ASC programme provides educational support to school-going children between the ages of 7 and 18 years. This programme focuses on the holistic development of the child through homework supervision, curriculum support as well as extra-mural activities.

ACHIEVEMENTS AND INTERESTING FACTS

HEAEP

The Hemel-en-Aarde Education Project (HEAEP) began in early 2017 and continues to offer development in the farming communities of the Western Cape. Based in Hermanus, Western Cape, the HEAEP's goal is to ensure that the children and families in the valley have access to a high standard of education, health, social and recreational services; particularly focusing on the disadvantaged communities. This project was made possible thanks to the generous sponsorship from The Cape Wine Auction Trust.

- 👉 A home schooling class was started to cater for 3 Grade 7 learners.
- 👉 HEAEP acquired a new 26 seater bus donated by Grandslots.
- 👉 A computer lab was set up with 18 computers containing educational games for the learners as well as 3 computers with internet access for research.
- 👉 33 children attended the after school club and have access to education, health, social and recreational services at our new facility.

FACET MOBILE BOOK LIBRARY

- 👉 Over 2000 items were stored in the mobile library including books, games and DVDs and the library rotated between 10 Stellenbosch farms.

FACET MOBILE COMPUTERS

- 👉 The mobile computer labs visited the farms weekly, where learners, teachers and facilitators received computer lessons and gained confidence in using Information and Communications Technology (ICT) devices and software packages.

FACET LIFE SKILLS

- 👉 10 Stellenbosch farms participated in life skills programmes.
- 👉 Learners who accessed our life skills programme covered vital topics such as personal development, relationships, the world of work as well as learning essential study methods to help with their school assessments and exams.

FACET LITERACY

- 👉 We implemented 2 reading programmes at the Stellenbosch After School Clubs where tutors focused on improving the reading abilities of the foundation phase children.

FACET MATHS

- 👉 Grade 1-12 learners were supported through inspiring worksheets and e-learning equipment in order to increase mathematical understanding and the majority of these children successfully passed their end of year maths exams.

SPORT

- 👉 The Pebbles ASC sports programme prides itself in ensuring that each ASC facility has access to at least one progressive sport and that each sporting discipline is taught by a registered professional, business owner, qualified volunteer or established sporting institution. We celebrated our learners who obtained overall first place for the Winelands District in the South Zone Rope Skipping Challenge of 2017.
- 👉 Our sport programme stakeholders and partners include:
Stellenbosch Rugby Academy (SRA) - Rugby;
Flairs Sports Academy - Rope Skipping;
Surf4Life, Boland Surfing - Surfing;
Stellenbosch Ballet Academy (SBA) - Ballet;
En Pointe (Samantha Graham) Dance school - Dancing;
Pink Geranium Pony Club - Horse Riding;
Lima Swimming school - Swimming;
Kanonkop - Netball.



ART

- 👉 549 children participated in weekly art classes during which they had the opportunity to develop some exciting new art and craft techniques. These included a tapestry project, using modelling clay, working with sand art, making practical bird feeders, creating decorative landscapes on paper with tissue paper and ink and the making of arm bands and keyrings from beads and string. The focus of the art classes was on working with recycled materials.



School Leavers Programme

HOW DOES IT WORK

Mid-teen years are a tricky period in any child's life. School subject and career choices, application processes and further education opportunities can be overwhelming. We work with our children to help them make informed, self-aware educational and career choices.

ACHIEVEMENTS AND INTERESTING FACTS

- ✎ During the 2017-2018 financial year, the school leavers programme assisted 52 learners and students and we had an increasing number of unemployed youth enquiring about the programme.
- ✎ Support included psychometric assessments (27 students), college enrolments (4 students), job placements and internships as well as monthly support meetings with tertiary students to provide them with academic and emotional support.
- ✎ 4 students graduated in May from Bergzicht College and are now serving internships in their respective fields of study.
- ✎ The School Leavers Programme received a silver award at the Ministerial Youth Excellence Awards 2017 for Opening Economic Opportunities & Facilitating Entrepreneurship.
- ✎ Arrangements were made for students who were enrolled in the Management Assistant course at Boland College to complete their 10 day work placement at KVV during the April school holidays. One student received guidance regarding additional study options after he completed his hospitality course.

Special Educational Needs (SEN) Programme

HOW DOES IT WORK

Our Special Needs Programme supports children with special educational needs between the ages of 3 months to 18 years. Early screening and the identification of developmental delays as well as barriers to learning are essential in providing timeous intervention and support.

ACHIEVEMENTS AND INTERESTING FACTS

- ✎ The ECD SEN programme supported 130 children aged 3 months to 5 years.
- ✎ A partnership with the Occupational Therapy Department from University of Stellenbosch was established to offer much needed support to babies and young children who require intervention.
- ✎ The ASC SEN programme supported 111 learners aged 6-18 years in 12 ASC facilities and 35 staff members received regular onsite training.



- ✎ Learners with special educational needs were assessed and individual learning programmes were developed for these children. Learners on these programmes also benefited from the specialised services such as Optometry, Psychological services as well as practical learner.
- ✎ 22 learners were referred and took part in further specialised testing.
- ✎ 126 primary school learners attended visual and auditory screenings.
- ✎ 33 learners received brand new spectacles during the last year.



Health Programme

HOW DOES IT WORK

Pebbles provides quality health, wellness and dentistry services to rural farm worker communities in the Western Cape. Adults can make use of the service for a nominal fee, while all the Pebbles children receive free health and dental care.

ACHIEVEMENTS AND INTERESTING FACTS

- ✎ The clinic had a total of 6333 clients.
- ✎ 2529 of those clients were under the age of 18 and received free health care.
- ✎ New children were weighed, screened and assessed for developmental delays as part of the Pebbles Induction Programme.
- ✎ Health training was provided to the ECD and FTD teachers.
- ✎ A partnership with the Department of Health has allowed clients to access deworming medication, vitamin A supplementation, family planning, cervical screening, TB and HIV testing.
- ✎ In partnership with the Protection Programme, the clinic implemented a sexual health programme for young girls, resulting in 0% teenage pregnancy rate.
- ✎ The clinic also partnered with other NPOs to assist with their health care needs.
- ✎ We partnered with Eyes on Africa and provided reading glasses to 94 elderly residents in Stellenbosch and Paarl old age homes.
- ✎ Outreach dental and wellness screening programmes started in Citrusdal, Wellington and Hemel-en-Aarde.
- ✎ In partnership with the Protection Programme, dental and wellness screenings were provided to clients as part of the admission criteria for rehabilitation.



- ✎ 598 toothbrushes were distributed to our Stellenbosch and Paarl ECD centres through our oral hygienist's ECD brushing programme.
- ✎ 210 dental extractions were performed by our partner dentist.
- ✎ Clients had access to a dentist, psychologist, ENT specialist, physiotherapist and dental technician.



Nutrition Programme

HOW DOES IT WORK

The Pebbles Nutrition Programme ensures that all beneficiary children receive the essential nutrients they need for optimal learning to take place. The programme provides ECD learners a cooked breakfast, lunch and two snacks daily and the ASC learners receive a cooked lunch and snack each day before tackling their homework and recreational activities.

ACHIEVEMENTS AND INTERESTING FACTS

- ✎ The programme distributed 120 267 daily meals during the last financial year.
- ✎ The nutrition programme expanded to cater for children in the Pebbles Citrusdal and Hemel-en-Aarde centres.
- ✎ A feasibility study was conducted on building a Pebbles food factory, where we will prepare nutritious meals for the children in our centres.

Protection Programme

HOW DOES IT WORK

The Pebbles social workers support farming communities through difficult times and ensure that children and adults are safe guarded from harm. Some of the needs that are addressed through the programme include neglect, abuse and poor family relationships. Support is provided to promote social change, personal development, family cohesion and community empowerment.

ACHIEVEMENTS AND INTERESTING FACTS

- ✎ Therapy and intervention support was provided to 49 families, 95 children and 27 adults.
- ✎ The social workers, in conjunction with the Owethu clinic, started a sexual health programme, which was presented every second month. Topics relevant to physical, mental and emotional health were covered.

Community Programme

HOW DOES IT WORK

The programme focuses on engaging communities to participate in the creation of safe, clean and well-functioning environments. This is done through establishing Community Action Committees on farms, where groups of community members seek to find solutions to the challenges that they face in their communities. We continue to nurture ongoing partnerships with volunteers and associated organisations as well as offering parent workshops and training.

ACHIEVEMENTS AND INTERESTING FACTS

- ✎ With the ongoing mentoring, monitoring and evaluation of the Community Action Committees, we established 8 functional action committees on farms in the Stellenbosch region.
- ✎ Action Committee events included community training sessions on leadership, mother & son interventions, soup kitchens, pensioner pamper days, community well being and sport days.
- ✎ 44 community members served on the farm action committees.
- ✎ The programme strengthened its partnership with the University of Stellenbosch by hosting 90 first year students from the Department of Social Work which allowed the students to complete the practical components of their coursework.
- ✎ The University of Stellenbosch of Occupational Therapy placed their 3rd year students with Pebbles to complete their clinical blocks.
- ✎ We identified a number of key areas for future development, including fields such as human resources, health care, art therapy, dentistry, sport sciences and psychology. We established successful partnerships with institutions such as Magister, Surf4Life, En Pointe, Zuyd University, Rhenish Girls High and the Stellenbosch Rugby Academy.
- ✎ 127 volunteers and interns assisted Pebbles during 2017 – 2018 financial year.
- ✎ 52 families received water filters from the Rotary Safe Water Project which provides clean drinking water to the families.
- ✎ 87 adults and children attended 10 parenting workshops on 5 farms. Parents and children aged 10+ attended these workshops to work towards building healthy families. Participants selected topics that were relevant to the specific needs of the farm.



Pebbles Staff in Numbers

70	Staff in Total	4	Staff team building days
45	Internal staff	4	Staff promotions
25	External staff	21	Staff members have been with Pebbles for more than 3 years
36	Staff members attended 20 training courses	5	Staff members have been with Pebbles for more than 7 years
12	Staff meetings	2	Staff members have been with Pebbles for more than 10 years



Not available at time of photograph

Thank you to our loyal donors, sponsors, contributors and supporters:

Angelo August, Ann Chadwick, Aramex, 96 Winery Road, A. Strydom, ABSA Bank, Afrilandscapes, Angela Lloyd, Ampersand Travel, Andre Du Plessis, Anne Vermaak, Flairs Gymnastics, Alain Choo Choy, Adriaan Gilde, First Cape Wines/Brand Phoenix, Bohemia Restaurant & Bar, Bosman Family Vineyards, Bosman Adama Foundation Trust, Cape Wine Auction Trust, Capegate, Capitec, Cape Town Film Studios, Caledon Round Table, Caledon Casino, Carlo Van Schalkwyk, Carol Thain, CDS Vintec, Cederberg Wines, Charles Withington, Childwick Trust/Jim Joel Fund, Chipping Norton School, Classic Escapes, Creation Wines, Cipla Foundation, Claude Steyn, Stichting Clouds Foundation, Corie Gerber, Colgate Palmolive, CWD Enterprise, CVO Marketing, Chris Goatley, Chrysalis Capital, Close the Gap, Corroseal, Dischem Foundation, Dept of Social Development, Doug Ross, Durbanville Wine Valley, Duncan Savage, DHL South Africa, Dr Engelbrecht, Elkanah House School, Ebony Books CC, Edeka, Edge Capital, EJ Media, Elizabeth & Alan Clifton, Enca/Etv, Ex-Animo Wines, Elmarie Kitshoff, Eyes on Africa, Finlayson van der Merwe Architects, First Technology, FACET Foundation, Ford Hermanus, Freudenberg Help e.V., Gas Hub, Grootbos Foundation, Glen Carlou Vineyards, Grandslots, Haumann Smal Design Studio, Haygrove Heaven, Hans Hessler, Hermanus Ladies Guild, HL Henman, Hortors Diaries, Ifriky:TellMe, Industry Asocc For Responsible Alcohol Use, IRESS Financial Market, Jan-Hendrik Opperman, Janice Fridjhon, Jigsaw PR-Linda Christense, Jean Pienaar, Jennifer Hüttmann, JF Hillebrand, Jim Farara, Jordan Wine Estate, Johnson&Johnson, Joe & Regula Eberhard, Kaap Agri, Keith Imaging Hermanus, Kevin & Cathy Marston, KVV Foundation, KFC Add Hope Foundation, La Casona CC, Legacy Community Health, Liyan Hu, Lizette's Kitchen Hermanus, Lou Collier/The Pink Geranium, Lubanzi Wines, Lucy Warner, Marie and Alphonse Junckers, Marcus Reppel, Maria Muhari, Manfred & Lisa Halblaub, Marianne Reeves, Marks & Spencer PLC, Mary-Anne Musekiwa, Masuda/ Dornier Wines, MEA Global, Medpro, Moonlighting Productions, Marlene Haasbroek, Mouton Citrus, MySchool MyVillage MyPlanet, Mortimer Adams, Narollah Trust, Nelson Mandela University, NGK Stellenbosch, Nidderdale Farm, Nikki Ellis, Old Mutual Private Wealth Management, Old Mutual Two Oceans Marathon, Oppenheimer Memorial Trust, Heavenly Hands, House of Wine, Panthera Wild Cat Sanctuary, Palesa ZN Tutu, Parr & Roos, Project Wines, Penny & Arnaud Wieffering, Prof. EM Conradie, Pride Fighting Academy, Propalux, PWC, Porex Rx, Perry Stampfel, Peoples Liquor, Queens Liquor Distributors, Rhenish High School, Rotary Club Hermanus, Rotary Club Paarl, Rotary Club Stokesly, Revere Social Table, The Relate Trust, Remo Revelstone, Riebeek Cellars, Rory Shea, Spar Die Boord, Smeg SA, SABRA Union Imports, Salisbury University Students (CFHI), Sanjay Internacional Limitada, Savinis, Sanria Group, Selwyn Schaffer, Shiraz SA, Signature of Hope Trust, SPC Ladies Guild, Starfish Greathearts Foundation, Stichting Voor Het Goed, Suzy Digby-Smith, Surf4Life, Truck City, The Cape House, The Carl and Emily Fuchs Foundation, The Burgiss Group, The Collette Foundation, The Kusasa Project, The Mountbatten School, The Brazilian Sandal Company, The Pirates Club, The Painted Wolf Wines Co Pty Ltd, The Wine Team Sweden, Theresa Hall, Tosca Schrijver, University of Denver (USA), University of Stellenbosch, Uthando, Viki Wadd, Villiera Wine Farm, Vinpro Foundation, Anthony and Carol van Hoogstraten, Dr Wagenfeldt, Welbeloond Farm, Wine.co.za, Wine Desk, The Wine Village, Windsor Hotel, Wines to Whales, Wine Village, Wisetech Global, Uwe and Gisela Wolter, Woolworths, WOSA

Thank you also to all our Sponsor A Child sponsors who contribute every month, to everyone who bought a school pack for our children and for every single donation, however big or small.

Special thanks to Haumann Smal Design Studio for the design of this Annual Report.

We are because you are.

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